

RESOLUTION 2022 - 101

**A RESOLUTION OF THE BOARD OF COUNTY COMMISSIONERS
PROCLAIMING MAY 2022 AS MENTAL HEALTH FIRST AID
MONTH IN NASSAU COUNTY, FLORIDA.**

WHEREAS, progress in our country in enacting the Mental Health First Aid Act of 2015 (S.711/H.R. 1877) and most recently the Helping Families in Mental Health Crisis Act 2016 (H.R. 2646), speaks volumes as to the importance and value of Mental Health First Aid to our community's wellness; and

WHEREAS, as the citizens of Nassau County return to a sense of normalcy to our lives including our new workspaces and environment, we can't ignore the impact that the pandemic has had on every one of us. Mental Health First Aid will increase our knowledge of signs, symptoms, and risk factors of mental illnesses and substance use disorders in both children and adults and increase our confidence and the likelihood to help an individual in distress; and

WHEREAS, the citizens of Nassau County can identify multiple types of professional and supportive resources for individuals with a mental illness or substance use disorder; and

WHEREAS, our community's wellness is critical to the future success and growth of our county by the

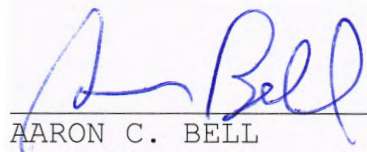
implementation of the Mental Health First Aid training which reduces the social distance created by the pandemic, negative attitudes and perceptions of individuals with mental illnesses and substance use disorders; and

WHEREAS, the citizens of Nassau County have a responsibility to remain persistent in the charge to maintain emotional wellness in our communities by consistently pursuing awareness, by assisting our neighbors, family members, colleagues and providing the best care possible for all our citizens.

NOW, THEREFORE, BE IT RESOLVED, by the Board of County Commissioners of Nassau County, Florida, this 9th day of May, 2022 that:

1. The Board hereby proclaims May 2022 as Mental Health First Aid Month in Nassau County.
2. The Board hereby recognizes the efforts of local providers and professionals who provide treatment services, prevention, and support in Nassau County.
3. The Board encourages the citizens of Nassau County to become familiar with the signs, symptoms, and risk factors associated with mental illness and substance use disorders by taking a Mental Health First Aid training and encourage someone in distress to seek help.

BOARD OF COUNTY COMMISSIONERS
NASSAU COUNTY, FLORIDA



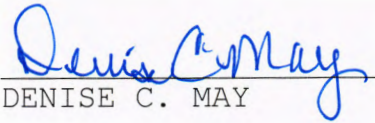
AARON C. BELL
Its: Chairman

ATTEST AS TO CHAIRMAN'S
SIGNATURE:



JOHN A. CRAWFORD
Its: Ex-Officio Clerk

Approved as to form by the
Nassau County Attorney



DENISE C. MAY